



CHALK TALK

January 2011

WHATS NEW

Classes 2011

Please find with this statement the class allocation for 2011 – many are unchanged but we have enclosed details as a precaution.

We have tried to promote gymnasts to the next/higher class or level as appropriate – I am sure there will be a few errors and clash of days with other activities – no problem – just contact us and we will do our best to accommodate the gymnasts in the best class/schedule that will suit.

The fees have escalated between 6% and 9% - the good news is that the annual federation registration fees are R100 less than last year – competitive fees are now R300 per annum while the non-competitive remains at R30 per annum.

Annual club membership fee has been set by the committee at R200 (first increase in 5 years!) however this will include a “starter kit” of a gym drawstring bag and water bottle with the non competitive gymnasts also receiving training top and shorts

FOR YOUR DIARY

17th January – Classes resume for term 1 , 2011

29th January – KZN squad training @ Pinetown Gym – separate notice will go to selected gymnasts

1st February – Lahee Park clubs meeting hosted @ Ptn Gym Club

2nd February – KZN clubs administration workshop hosted @ Pinetown Gym

19 & 20 February – Level 1 judges course for women's gymnastics

5 & 6 March – 1st Level of coaches training for all disciplines – hosted @ Pinetown Gym

19 March – KZN Level 1 to 3 & Novice team competition – hosted @ Pinetown Gym

21 March – Public holiday – no gym classes

1 April – last day of classes for term 1

4 , 5 & 6 April – KZN SA Games squad training camp hosted @ Pinetown Gym

REPORT BACK

Results

Bumbo Cup – International event hosted in Pretoria.

Tyrone won a bronze medal on floor and Lindo placed 2nd on vault and 3rd on Parallel Bars.

We saw some great gymnastics from the visiting gymnasts – especially the junior USA girls – they look to be on track to qualify for 2012 Olympics in London !

Universities and Seniors invitational – Lindo , Stix , Sips and myself did the long drive to Potchefstroom to compete in this event – great results from our senior boys but we had to do a lot of routine modification due to the venue and equipment – very old stuff and the vault run up was from outside in the passage – made us realize how lucky we are to have such a great venue.

International Coaches training course – we closed the year with a tough 7 days of coaches training – we hosted 26 coaches (6 from Mozambique and 4 from Swaziland – rest were SA) for a base level course with facilitators from Australia and Slovenia – if we see another dirty mug , glass , plate , cutlery , table cloth , etc. our pounding headache will return